



# San Carlos United

## COVID-19 Health & Safety Plan

### Best Practices for Summer Camps

#### **1. Section 1 – Signage and Education:**

1.1. We will post a copy of the Social Distancing Protocol at each public entrance to the facility or location, visible to all.

1.2. We will post a copy of the Health and Safety Plan at each public entrance to the facility or location, with a copy in a binder at the check in table.

1.3. We will email and hand out, one week prior to our first camp, to all Personnel copies of the Social Distancing Protocol and the Health and Safety Plan (or a summary of each item with information on how copies may be obtained) and any educational materials required by the Health and Safety Plan.

1.4. We will Create and implement an education plan for all Personnel covering all items required in the Social Distancing Protocol and the Health and Safety Plan that apply to them. We will host this educational seminar for personnel at our clubhouse, and at Beach Chalet, the week prior to camp in order to demonstrate H&S best practices and use of PPP

1.5. We will update the Health and Safety Plan as appropriate while the Directive is in effect. Any changes to rules or directives given by City/County Health Officials and Gov., will apply and we will comply. This would be for both instances where rules were made more strict, or guidelines are more loosened for health/safety measures.

#### **2. Section 2 – Requirement Regarding Personnel:**

2.1. We will instruct all Personnel orally and in writing not to come to work or the facility if they are sick.

2.2.

We provided

[https://docs.google.com/document/d/1NJjG\\_0qslZkleMGxnKykSvcOOCLL0p8-ISX76-0ma6Q/edit?usp=sharing](https://docs.google.com/document/d/1NJjG_0qslZkleMGxnKykSvcOOCLL0p8-ISX76-0ma6Q/edit?usp=sharing) a copy of the attachment to this Exhibit, titled “Information for Personnel (Employees, Contractors, Volunteers) of Additional Business and Other Businesses Permitted To Operate During the Health Emergency” (the “Attachment”), to all Personnel who regularly work at the facility or location in hardcopy format or electronically. PDF and translated versions of the Attachment can be found online at [www.sfcddcp.org/covid19](http://www.sfcddcp.org/covid19) (open the “Businesses and Employers” area of the “Information and Guidance for the Public” section). If the Attachment is updated, provide an updated copy to all Personnel.

2.3. We will certainly review the criteria listed in Part 1 of the Attachment on a daily basis (morning, and last camp communication of the day) with all Personnel in the City who regularly work at the facility or location before each person enters work spaces or begins a shift. Instruct any Personnel who answered yes to any question in Part 1 of the Attachment to return home or not come to work and follow the directions on the Attachment.

2.4. We will instruct Personnel who stayed home or who went home based on the criteria listed on the Attachment that they must follow the criteria as well as any applicable requirements from the quarantine and isolation directives (available online at [www.sfdph.org/dph/alerts/coronavirushealthorders.asp](http://www.sfdph.org/dph/alerts/coronavirushealthorders.asp)) before returning to work. If they are required to self-quarantine or self isolate, they may only return to work after they have completed self-quarantine or self isolation. If they test negative for the virus (no virus found), they may only return to work after waiting for the amount of time listed on the Attachment after their symptoms have resolved. Personnel are not required to provide a medical clearance letter in order to return to work as long as they have met the requirements outlined on the Attachment.

2.5. In the coming weeks the Department of Public Health may issue guidelines requiring Summer Camps and other permitted businesses to comply with COVID-19 testing requirements for employers and businesses. Periodically, check the following website for any testing requirements for employers and businesses: [www.sfcddcp.org/covid19](http://www.sfcddcp.org/covid19). If requirements are added, ensure that the Health and Safety Plan is updated and that the Summer Camp and all Personnel comply with testing requirements. San Carlos will certainly be doing so.

2.6. If an employee or other Personnel tests positive for COVID-19, we will follow the guidance on “Business guidance if a staff member tests positive for COVID-19,” available online at [sf.gov/business-guidance-if-staff-member-tests-positive-covid-19](https://www.sf.gov/business-guidance-if-staff-member-tests-positive-covid-19).

2.7. Face Coverings for all Personnel will be provided, with instructions that they must wear Face Coverings at all times when at work, as further set forth in the Face Covering Order. We will also allow Personnel to bring their own Face Covering which has been cleaned prior to the shift. Furthermore, we will have additional Face Coverings to ensure Personnel use a clean mask each day.

2.8. A sink with soap, water, and paper towels for handwashing, will be provided for all Personnel working onsite at the facility or location. All Personnel will be required to wash hands at the start and end of each shift, after sneezing, coughing, eating, drinking, using the restroom, helping a child use the restroom, when changing tasks, and frequently during each shift.

2.9. Hand sanitizer effective against COVID-19 will be provided throughout the facility or location for Personnel. We will provide for campers as well.

2.10. Any break rooms, bathrooms, and other common areas will be frequently disinfected throughout the day.

2.11. Staff will be advised that it is recommended for them to change clothes and shoes before or upon arriving at home after a shift in order to reduce the chance of their clothing or shoes exposing anyone in the household to the virus and that such clothing should be cleaned before being used again.

### **3. Section 3 – Stable and Separate Groups of Children:**

3.1. Camp group sizes will be limited to 12 children who are able to consistently attend the entire camp day.

3.2. Pods will have a minimum of 2 staff persons per group. Minors ages 14-17 years of age who are employed as program staff, including interns, are considered staff and are not included in the maximum number of children per group.

3.3. Children and youth will be kept with the same group each day, for the entire session, unless a change is needed for a child or youth’s overall safety and wellness.

3.4. Assign children and youth from the same family to the same group, if possible.

3.5. Staff assigned to their pod will be required to instruct and oversee those 12 children for the duration of the entire three week(s) of camp.

3.6. If our program has more than one pod (group of 12 children or youth), each group will have their own two instructors and be assigned to a designated area separate from other pods. Interactions between the groups will be minimized to the greatest extent possible. (examples include different lunch breaks, bathroom breaks, drop off times, etc.)

3.7. Sports with shared equipment or physical contact, like soccer, basketball, baseball, softball, and tennis may be played, but only within the same stable group of up to 10-12 children and youth. Equipment will be cleaned at least once a day.

3.8. Summer camp sessions will be three weeks long. Children and youth must attend the first week of the session. Those who do not attend the first week may not join the session later. Children and youth may choose not to attend for the entire duration of the program, but if they leave, their spot will not be filled by another child. These restrictions help lower the chance of children and youth becoming infected with COVID-19.

#### **4. Section 4 – Symptom Screening for Children:**

4.1. Staff will ask parent(s)/caregiver(s) and child about possible symptoms of COVID-19 when they arrive and before they are allowed into the facility or area. Specifically, whether they have had any one or more of these symptoms within the past 24 hours, which is new or not explained by a pre-existing condition:

Fever, Chills, or Repeated Shaking/Shivering

Cough Sore Throat

Shortness of Breath

Difficulty Breathing

Feeling Unusually Weak or Fatigued

Loss of Taste or Smell

Muscle pain

Headache

Runny or congested nose

Diarrhea

4.2. Each Child's temperature will be taken by a staff member before players are allowed to enter the field. If the child has a high temperature they will be sent home and not allowed to attend.

4.3. During pre screenings staff will be encouraged to look for signs of illness like flushed cheeks, rapid breathing or difficulty breathing, fatigue, or extreme fussiness.

4.4. Children with symptoms or a fever will be sent home and encouraged to seek COVID-19 testing. Parents or caregivers will be instructed to follow the criteria from the quarantine and isolation directives (available at <https://www.smchealth.org/coronavirus>) before returning to Summer Camp. If they are required to self-quarantine or self-isolate, they may only return to the camp after they have completed self-quarantine or self-isolation. If they test negative for the virus (no virus found), they may only return to camp after waiting for the amount of time listed on the link above after their symptoms have resolved. Children are not required to provide a medical clearance letter in order to return to camp as long as they have met the requirements outlined in the above link

4.5. Staff conducting the pre-screening will stand at least 6 feet away from the child and parent/caregiver while asking a series of screening questions along with taking the child's temperature with a non touch thermometer.

4.6. Children who pass the screening will wash their hands with soap and water or clean their hands with hand sanitizer before they enter the building or program.

## **5. Section 5 – Drop-Off and Pick-Up Procedures:**

5.1. We will require that family members and caregivers wear face coverings when dropping off or picking up children, and at all times inside the Summer Camp's facility or area.

5.2. Staff will remain 6 feet apart from parents and caregivers.

5.3. We will do our best to stagger arrival and drop-off times to limit contact between families, if possible. And ask that parents do a curbside drop-off allowing only their child to exit the vehicle.

5.4. We will have staff greet children outside as they arrive. Instead of parents signing in staff who will be performing pre screenings will mark attendance limiting the use of sharing pens.

5.5. We will implement a curbside drop-off and pick-up, where staff come outside the facility to pick up the children as they arrive, and bring children outside to be picked up.

5.6. We will encourage the same family member or designated person to drop off and pick up the child every day. We will discourage grandparents and other older relatives from picking up children, if they are over 60 years old, since they are more at risk for serious illness.

## **6. Section 6 – Face Coverings:**

6.1. All adults and youth 13 years and older will wear face masks or cloth face coverings at all times. This includes family members and caregivers waiting outside to drop-off or pick-up children.

6.2. Encourage children 3 to 12 years old to wear face coverings with adult supervision.

## **7. Section 7 – Hygiene and Sanitation:**

7.1. We will encourage children, youth, and staff to wash their hands often with soap and water for at least 20 seconds or with hand sanitizer, especially before eating, after going to the bathroom or after wiping their nose, coughing, or sneezing.

7.2. We will educate children, youth and staff about basic measures to prevent the spread of infection, including covering one's coughs and sneezes and washing hands frequently

7.3. Consider involving children and youth in making signs to remind people to wash their hands, cover coughs and sneezes, and stay 6 feet apart.

7.4. Establish a schedule for cleaning and disinfecting. In addition to regular cleaning, the space must be thoroughly cleaned and disinfected between use by different groups, for example, between sessions, with special attention to indoor eating areas where people have removed their masks.

7.5. We will routinely clean, sanitize, and disinfect surfaces and objects that are frequently touched. This may include sports equipment, doorknobs, light switches, sink handles, countertops, toilet rims/handle, desks, and chairs.

7.6. If surfaces are visibly dirty, we will clean them using detergent or soap and water before disinfecting them.

7.7. We will use cleaning products which are effective against coronavirus and on the EPA's list. Following the manufacturer's instructions for concentration, application method, and contact time for all cleaning and disinfection of equipment and regular contact surfaces.

7.8. We will keep all cleaning materials secure and out of reach of children and ensure that there is adequate ventilation when using these products to keep children and staff from inhaling toxic fumes.

7.9. We will not use equipment that cannot be cleaned and sanitized.

7.10. We will set aside equipment that campers have contaminated by body secretions or excretions. Staff will clean equipment by hand while wearing gloves. Cleaning them first with water and detergent, rinse, then sanitize with an EPA-registered disinfectant, and air-dry.

7.11. We will establish adequate time in the work day to allow for proper cleaning and decontamination throughout the facility or location.

## 9. Return to Play Phases

# RETURN-TO-PLAY 5 PHASES OVERVIEW



0

### Phase 0: Stay and Shelter

Duration: Based on state and local regulations

- STAY AT HOME. BEND THE CURVE.
- No organized trainings or competitions
- Consider virtual options

1

### Phase I: Individual and Small Group Training

Suggested Duration: 4-6 weeks

- State and/or local stay and shelter regulations lifted
- Recommend small group trainings with max of 9 players and 1 coach
- Maintain social distancing
- COVID-19 prevention protocols in place

2

### Phase II: Full Team Training

Suggested Duration: 3-6 weeks

- Full team training allowed
- Continue to maintain social distancing
- COVID-19 prevention protocols in place
- Allow 3 weeks for COVID-19 tracking purposes

3

### Phase III: Full Team Competitions

Duration: Indefinite

- Full team competitions can occur
- Continue COVID-19 mitigation strategies
- Consider only local and single-day competitions
- Large events guided by local/state public health authorities

4

### Phase IV: No Restrictions

- COVID-19 is no longer a public health matter and there are no restrictions directed by federal, state and local authorities.
- Please refer to [www.recognizetorecover.org](http://www.recognizetorecover.org) for general health and safety recommendations from U.S. Soccer.

\* Across the country, clubs in different regions will be operating under differing state & local regulations and may be in different phases.

All phases must be compliant with your region's regulations.





# San Carlos United

## COVID-19 Health & Safety Plan

### Implementation Guide

## Introduction

To help delay and mitigate the spread of COVID-19, governments across the world are encouraging people to stay at home when possible and adopt physical distancing and special hygiene measures in public. Concurrently, health experts recognize the role of outdoor recreation and exercise in promoting mental health, physical fitness, and cognitive development. Indeed, the Centers for Disease Control and Prevention recommends daily physical activity even during the COVID-19 crisis. Our offerings will be prioritized to essential workers and allow us to support our community in multiple meaningful and safe ways. Being able to return to soccer practice is **essential** to maintain the physical and psychological well being of our kids. This document provides a concise operational plan from all Youth Soccer Clubs located in San Mateo County for the first phase of players' return to the field. The plan is compliant to the latest official regulations by CDC and San Mateo County which includes measures that provide additional safety practices that keep our clubs' bar higher than the minimum standards required.

### **How can our kids return to play in a manner that minimizes the probability of contracting or transmitting the virus?**

We understand the challenges of containing the virus in group settings. Therefore, priority consideration in this document is given to **lower-risk forms of participation**, most of which involve individual training with **no shared equipment, face-covering, and organized and**

**supervised social distancing.** As COVID-19 restrictions are lifted, we will proceed to adjust this protocol.

## Return to Play Phases

Each club will adhere to the following phases as mandated by the US Soccer Federation, the highest soccer governing body in the country

**Phase 1** Individual and Small Group Trainings “Camps” : Duration 3-4 weeks

- State and/or local shelter in place orders lifted
- Recommended small group trainings max of 12 players and 1 coach
- Maintain social distancing measures
- Covid-19 preventing protocols in place
- Allow at least 3 weeks for contact tracing

**Phase 2** Full Team Training: Duration 4-6 weeks

- Full team training allowed
- Continue to maintain social distancing measures
- Covid-19 preventing protocols in place
- Allow at least 3 weeks for contact tracing

**Phase 3** Full Team Competitions: Duration Indefinite

- Full Team Competitions can occur
- Continue Covid-19 mitigation strategies
- Consider only local and single day competitions

## Requirements

Below are the initial requirements for consideration to use the following guide:

1. Coaches are officially certified in their sport to instruct, are recognized experts in the sport, have degrees related to sports and are eligible to coach in the sport, have degrees related to sports and are eligible to coach in an organized sports program, or are independent contractors of the sports program with extensive experience playing in the sport, coaching in the sport, or experience equaling such
2. All coaches and carded staff members are Safe Sport Certified, which is an imperative requirement that cannot be bypassed. ( <https://uscenterforsafesport.org/> )
  - a. Safe Sport requires a mandatory reporting protocol for organized Sports programs. Safe Sport is federally authorized under the Protecting Young Victims from Sexual Abuse and Safe Sport Authorization Act. Safe Sport requires organization to obtain certifications to safeguard athletes from bullying,

harrassment, hazing, physical abuse, emotional abuse, sexual abuse, and sexual misconduct. Safe Sport is the exclusive authority to respond to reports of allegations of sexual abuse and sexual misconduct within the United States Olympic & Paralympic Committee and their recognized National Governing Bodies (NGBs)

3. Organized sports programs must have a national or regional sports affiliation with documentation acknowledging such affiliation or registration with a national or regional governing body. (ex. Norcal Premier or CCSL)
4. Organized sports programs must have complete control of situations regarding youth athletes, with the ability to set and maintain stable groups of participants to 12 or less
5. Organized sports programs must have a facility that allows for player separation and enforced practices of sanitization. A facility must also have ample space to ensure players and staff are six feet apart or greater

## Safety Measures in Place for Employees

All youth soccer clubs will employ all necessary safety features and protocols to reduce the risk of infection for our employees. Please read the health and safety measures below:

- Clubs will provide all coaches and staff with a **PPE Kit - Cloth masks and nitrile gloves**. Juventus will have **hand sanitizer** bottles and **disinfectant wipes** readily available at each training station on the field for coaches and staff to use.
- All coaches and staff will have their temperature checked prior to the start of each session. A club **health designated official (HDO)** will ask health screening questions according to our **employee entry protocol**.

### **EMPLOYEE ENTRY PROTOCOL**

- Have you had any COVID-19 symptoms in the last 14 days?
  - Fever (>100°F / 37.8°C)
  - Sneezing
  - Coughing
  - Shortness of breath
  - Sore throat
  - Severe fatigue or muscle aches
  - Loss of taste or smell
  - Headache

- Nausea
  - Diarrhea
  - Vomiting
- Have you been in contact with anyone who has tested positive for COVID-19 in the last 14 days?
- Have you traveled outside the US in the last 14 days?
- Prior to the first on-field training session, Coaches will be trained and given a **safety protocol manual** with specific guidelines for training and exercise with respect to social distancing guidelines. - sanitization of equipment, and **restroom use procedure**.
- After **answering NO** to each of the questions above, the **health designated official** will take the temperature of the employee. If the temperature is lower than 100°F / 37.8°C, then the employee will be allowed to enter the field.
- Coaches and staff will be **mailed FDA EUA At-Home Saliva COVID-19 tests** to their homes prior to returning to the field. Only coaches and staff who test negative will be allowed to be on the field.
- If any coach or active club representatives (e.g. the HDOs) tests positive for COVID-19, will notify staff and players of their possible exposure while maintaining the individual's confidentiality. Club members who have been exposed to the infected individual will in turn be asked to stay away from practices for at least 14 days prior to returning.
- Coaches will be **tested every 15 days** during this first phase.
- Should any coach test positive, he or she will have to stay away from practices for **at least 14 days**. If a coach becomes severely ill due to COVID-19, he or she will have to obtain a doctor note showing no health issues for the last 14 days.

# Player safety measures

Soccer Clubs will employ all necessary safety measures and protocols to reduce the risk of infection for our players. Soccer Clubs' COVID-19 protocol includes the following steps:

- Prior to any on-field training session, a club **health designated official (HDO)** will ask parents health screening questions about their kid's health according to our **player entry protocol**.

## **PLAYER ENTRY PROTOCOL**

Has your kid had any COVID-19 symptoms in the last 14 days?

- Fever (>100°F / 37.8°C)
  - Sneezing
  - Coughing
  - Shortness of breath
  - Sore throat
  - Severe fatigue or muscle aches
  - Loss of taste or smell
  - Headache
  - Nausea
  - Diarrhea
  - Vomiting
- Has your kid been in contact with anyone who has tested positive for COVID-19 in the last 14 days?
  - Has your kid traveled outside the US in the last 14 days?
- After **answering NO** to each of the questions above, the **health designated official** will take the temperature of the player. If the temperature is lower than 100°F / 37.8°C, then the player will be allowed to enter the field.
  - All players will have to use hand sanitizer to wash their hands prior to the start of each practice. Hand sanitizer will be provided at the field entrance checkpoint along with disinfecting wipes.
  - All players will be advised to avoid touching their face. If caught touching the face, they will be asked to use hand sanitizer again.

- All players will be required to train wearing **cloth masks**. Players will be given frequent breaks during practice to avoid exhaustion.
- Players will be trained in small groups. During Phase 1, practice sessions will be limited to 12 players. In order to maintain traceability and create stable cohorts of players, Players will **train in the same groups** every time to limit the exposure to other players and to enable contact tracing in case of a COVID-19 positive infection within the academy. Under no circumstances will players from one cohort be allowed to move to a different cohort until Phase I is over.
- Players and families will be instructed to **not bring backpacks** to the field but rather come **FULLY** prepared for training.
- Players will have their **personal designated area** at least six feet apart from the next to place their **water bottles and other personal items (Figure 1)**.
- Players will train in their own **personal training station** for the entirety of the practice no less than six feet apart from the next training station (**Figure 1**).
- While restroom use is discouraged and families will be informed to have the kids use the bathroom before the session, for emergency restroom use, Juventus will **rent a portable toilet** that will be locked during inactivity and post a **hand sanitizing station** outside of the restroom for players to sanitize hands before and after using the restroom (**Figure 2**).
- Although Phase I does not allow sharing of any material, coaches and club staff will **disinfect all training equipment** before and after each practice session to protect academy players.
- **Players will be instructed to avoid physical contact** including high-fives, handshakes, hugs, etc.. Their behavior will be actively monitored and violations will have consequences for the athletes involved.
- As players exit the field, they will be handed hand sanitizers and disinfectant wipes

# General Safety Measures

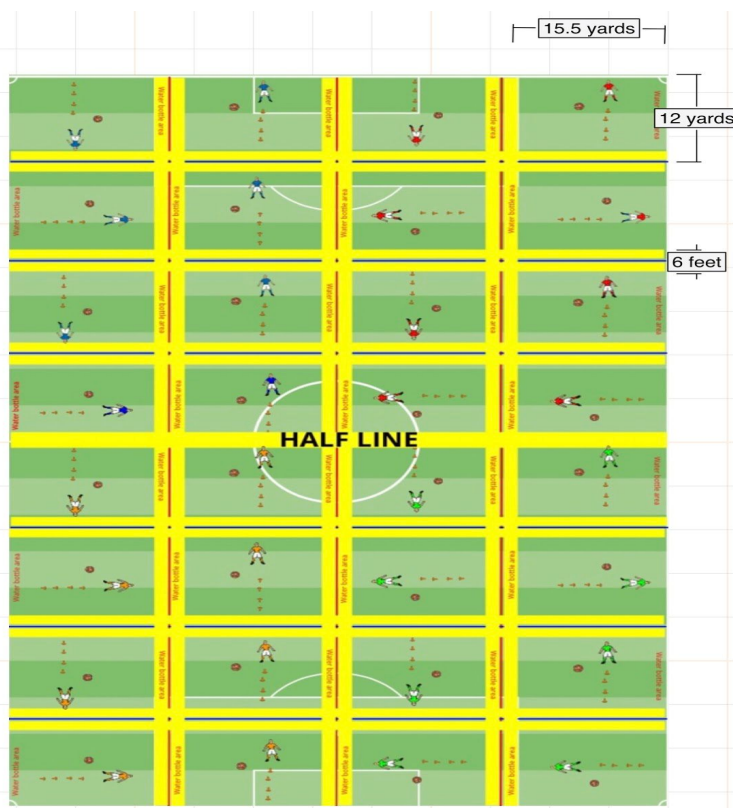
Soccer Clubs will deploy the following general safety measures to comply with social distancing:

- Specific parent **drop off, entry points, and exit pick up areas. (Figure 3).**
- **Guided player entry and exits** in and out of the park through the use of signs and other visual tools.
- Explicit signs with regulations and guidelines for practices will be posted in the active areas to remind the proper behavior. We will when possible, use the signs provided by San Mateo County in the website [cmo.smcgov.org](http://cmo.smcgov.org)
- **No parents or spectators** allowed on the field other than players, coaches, and club staff.
- Dedicated club staff will be **6 feet apart** from coaches at all practices to ensure compliance with safety measures.
- If any player, staff, or coach gets infected, we will proceed to contact every player or staff member who has been in contact with the individual.

# Field Set up

All team practice sessions will have the following guidelines in place. Please see **figures 1 and 4** for **Team Training Placement** and **Team Training Format**.

- Training sessions will last for a maximum of 1 hour.
- There will be a minimum of 10 feet distance between each individual player station.
- No more than 12 players per training group.
- All players must use their own soccer ball.
- All exercises will be individual exercises done under the supervision of a Coach.
- There will be no scrimmages played that involve contact between players.
- There will be a 15-minute gap between practice sessions to disinfect all equipment (soccer balls, cones, ladders, hurdles, etc).





# Dropoff and pickup protocol for Highlands Park, Crestview and Burton Park, Highlands Park would be our 1st choice facility.

It is recommended that every club include a facility map highlighting key areas in the social distancing protocol. An example can be seen below:

Parking **DROP OFF** Protocol for Highlands, Stadium, and Burton:

- Check designated parking area before leaving for the field\*\*\* (***Pre-Camp Organization is key to smooth pick up and drop off***)
- Pull forward and park in the designated area.
- Wait in your car with windows rolled up until your designated coach checks you in.
- Make sure your child is wearing a mask before exiting your vehicle.
- Player exits the car and walks to the field with Jr. Coach

Parking **PICK UP** Protocol for Highlands, Stadium, and Burton:

- Pull forward and park in the designated area.
- Wait in your car with the windows rolled up until your child gets in your vehicle.
- Jr. Coaches will remain on the field with players until a driver arrives to pick up.
- Coaches will wait in designated parking areas to communicate which player is to be called from the field

**DROP OFF** protocol for Crestview:

*\*\*Due to the traffic conditions at Crestview drop off and pick up protocol is different\*\**

- Before leaving the house make sure you know what group your child is in.
- Make sure your child has their soccer bag with them in their seat to make for a fast drop off.
- Pull forward into the roundabout.
- Indicate to waiting coaches your assigned group (1,2,or 3)
- Wait in your car with windows rolled up until your designated coach checks you in.
- Make sure your child is wearing a mask before exiting your vehicle.
- Players exits the car and walks to the field with Jr. Coach
- Please remain patient and follow instructions to keep traffic flowing. Do not exit your car.

**PICK UP** protocol for Crestview:

*\*\*Due to the traffic conditions at Crestview drop off and pick up protocol is different\*\**





Specific details for Camp

**What are the dates of our Camp?**

A) July 6th - July 24th

**Where will we host the camp and how will we break down the field?**

A) Highlands (first choice for safety, access and separation)

- B)Crestview
- C)Burton

### **How many kids are in our camp?**

A) Maximum (field broken down into 100x100ft \* 12 players per group max, this puts us 20x20ft spare space where we will create a 14ft gap between pods)

### **What will our camp look like?**

A) 9-3PM

### **How will we have players sign up? How will we ensure emergency workers get priority?**

Our registration will pose the question Are you an emergency worker. Those that answer this question with a YES will be given priority access. Here is a link to our online sign up:

<https://e.sparxo.com/SCU-Summer-Program->

### **How will we check in the players?**

Please see the above images of fields with check in stations and pods included

- A) Multiple Check in & Sanitation tents
- B) Temperature check
- C) Gather information on individual/player 3 weeks prior to camp (if they had covid19, if they were traveling, where, if anyone in their household had experienced covid19)

### **Bathroom Access and sanitization**

- A) If we have access to Bathrooms
- B) If we don't, portable bathrooms are ordered (Must be sanitized every hour of camp)
- C) Sanitation Station

Will we have a person(s) solely for this purpose

### **Sanitation Breaks, Water, Snacks & Lunch:**

- A) Groups will take scheduled staggered breaks to re-sanitize, water breaks, snacks and lunch. (Each group will have their own designated Sanitation and break area)
- B) Staff & Players must bring disposable items to toss away (plastic/paper bags, plastic containers that are non-reusable)

### **How will we ensure that players stay in their designated areas?**

Pods of players will remain in their colored coned area

### **What types of sessions will we run? Is it dependent on age groups?**

Our camp will suit ages 5-13 please see link below to see our social distance curriculum / example of training.

[https://docs.google.com/presentation/d/1rSozXbEPL5W7a\\_977v\\_-8jLPGg\\_3UGAmehKxJrsbFk/edit?usp=sharing](https://docs.google.com/presentation/d/1rSozXbEPL5W7a_977v_-8jLPGg_3UGAmehKxJrsbFk/edit?usp=sharing)

Are they different? We will need session plans, there are lots of resources online for this, happy to help guide you in the right direction if needed.

### **How will we train the staff?**

(Please see the Staff process and protocol document:

[https://docs.google.com/document/d/1NJjG\\_0qslZkleMGxnKykSvcOOCLL0p8-ISX76-0ma6Q/edit?usp=sharing](https://docs.google.com/document/d/1NJjG_0qslZkleMGxnKykSvcOOCLL0p8-ISX76-0ma6Q/edit?usp=sharing)

### **Safety equipment that we will need:**

Gloves

Masks

Hand Sanitizer

Disinfection wipes

Laser Thermometer

### **Equipment**

A) USC/SCU will provide all equipment

-Sanitation workers will disinfect balls, cones and such before and after every session